

Reverse-engineering Implicit Regularization Due to SGD Stanisław Jastrzębski

## Research Question

## Why Does Learning Rate Influence Generalization?



Bjorck et al. [2018] 3/40

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Iastrzebski et al  $[2017]^{4/40}$ 

## Why Does Learning Rate Influence Generalization?

"The learning rate is perhaps the most important hyperparameter. If you have time to tune only one hyperparameter, tune the learning rate."

Goodfellow et al. [2014]

#### Research Question

# Why does optimization impacts generalization in deep learning?

## Instability in the Early Phase

On the Relation Between the Sharpest Directions of DNN loss and SGD Step Length, S. Jastrzebski, Z. Kenton, N. Ballas, A. Fischer, Y. Bengio, A. Storkey, ICLR 2019

The Break-Even Point on Optimization Trajectories of Deep Neural Networks, S. Jastrzebski, M. Szymczak, S. Fort, D. Arpit, J. Tabor, K. Cho<sup>\*</sup>, K. Geras<sup>\*</sup>, ICLR 2020 (Spotlight)

Gradient Descent on Neural Networks Typically Occurs at the Edge of Stability, J. Cohen, S. Kaur, Y. Li, J Z. Kolter, A. Talwalkar ICLR 2021

#### Hessian of the Training Loss



 $\mathbf{H}(\theta) = \frac{\partial^2}{\partial \theta^2} \mathcal{L}(\theta)$  with a large or small norm ( $\|\mathbf{H}\|$ ).

#### Covariance of Gradients



 $\mathbf{K} = \operatorname{Cov}[\mathbf{g}_i]$  with large (left) or small (right)  $\|\mathbf{K}\|$ .

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 $\mathbf{K} = \mathrm{Cov}[\mathbf{g}_i] \text{ with large (left) or small (right) } \|\mathbf{K}\|.$ 

- $\lambda_K^i, \lambda_H^i$  will denote the largest eigenvalues of the covariance of gradients (**K**) and the Hessian (**H**).
- $\operatorname{Tr}(\mathbf{K}) = \mathbb{E}[\|\mathbf{g}_i \mathbf{g}\|^2]$  (variance of gradients).

## How does the Hessian Changes During Training?



## How does the Hessian Changes During Training? Resnet-32 (zoom) 20 0 0.10.2 0.3 0.4 0.5 0.0 Epoch

## How does the Hessian Changes During Training?



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#### Visualizing the Early Phase

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Resnet-32 e1



Jastrzebski et al.  $[2018] \\ 12/40$ 

## The Role of the Learning Rate is Counterintuitive.



























## Novel Implicit Regularization Effects of SGD

Conjecture (Variance reduction effect of SGD)

Along the SGD trajectory, the maximum attained values of  $\lambda_H^1$  and  $\lambda_K^1$  are smaller for a larger learning rate or a smaller batch size.

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Both effects hold after a point we call the **break-even point**, and are desirable from the optimization perspective, and might help explain generalization of SGD.

## Variance Reduction and Pre-Conditioning Effects



Figure: The variance reduction and the pre-conditioning effect of SGD, on ResNet-32.

# Increasing Batch Size $\Rightarrow$ Larger Variance of Gradients!



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#### LCA Shows Training is Unstable



MNIST FC, SGD, 1st layer

Lan et al. [2019]

#### Summary

Optimization tends to steer towards increasingly sharp regions of the loss surface, which ultimately destabilizes optimization.

#### Selected implications:

- Large learning rate improves conditioning of the loss surface.
- Small batch size **reduces** the variance of gradients!



Catastrophic Fisher Explosion: Early Phase Fisher Matrix Impacts Generalization, Jastrzebski et al, ICML 2021

## Hypothesis

#### Instability of the early phase of training is key for the mechanism behind implicit regularization effects in SGD.

#### How to Test Such a Hypothesis?

The Hessian can be approximated using the Fisher matrix. Let  $g = \nabla_{\theta} \mathcal{L}(\mathbf{x}, y; \theta)$ .

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$$\mathbf{H}(\theta) \approx \mathbf{F}(\theta) = \mathbb{E}_{x \sim \mathcal{X}, \hat{\boldsymbol{y}} \sim p_{\theta}(y|x)} [g(x, \hat{\boldsymbol{y}})^{T} g(x, \hat{\boldsymbol{y}})]$$

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$$\operatorname{Tr}(\mathbf{H}) \approx \operatorname{Tr}(\mathbf{F}) = \mathbb{E} \|\boldsymbol{g}\|^2$$

Notation:  $(\mathbf{x}^b, y^b)$  - minibatch,  $\theta$ ,  $\mathcal{L}(\mathbf{x}^b, y^b; \theta)$ ,

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Definition (Fisher Penalty)

$$\mathcal{L}(\mathbf{x}^{b}, y^{b}; \theta) + \alpha \|\nabla_{\theta} \mathcal{L}(\mathbf{x}^{b}, \hat{\boldsymbol{y}}^{b}; \theta)\|$$

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Possible to compute at  $\approx 3x$  compute time using "double-backprop", or at  $\approx 2x$  compute time using a finite difference approximation.



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Training WideResNet on CIFAR-100.



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Training with small learning rate and explicitly penalizing Tr(F)improves generalization => implicit regularization of Tr(F) is key 80 /alidation Accuracy (%) 0 0 0 0 2 0 0 0 2 0 0 0 0 0 60 (**⊣**)⊥ ⊥ 40 20 0.1 0 100 200 300 0 0 100 200 300 Epoch Epoch

Training WideResNet on CIFAR-100.

#### Fisher Penalty Recovers Generalization Gap

Setting	$\eta^*$	Baseline	$\mathrm{GP}_{\mathrm{x}}$	GP	FP	$\mathrm{GP}_{\mathrm{r}}$
TinyImageNet	54.67%	52.57%	52.79%	56.44%	$\mathbf{56.73\%}$	55.41%
CIFAR-100 CIFAR-100 CIFAR-100	66.09% 45.86% 53.96%	58.51% 36.86% 46.38%	62.12% 45.26% <b>58.68%</b>	64.42% 47.35% 57.68%	<b>66.41%</b> <b>49.87%</b> 57.05%	$66.39\%\ 48.26\%\ 58.15\%$
CIFAR-10	76.94%	71.32%	75.68%	75.73%	79.66%	$\mathbf{79.76\%}$

Table: Using a 10-30x smaller learning rate (Baseline) results in up to 9% degradation in test accuracy on popular image classification benchmarks. Adding FP closes the gap to  $\eta^*$ .

#### Why Does Fisher Penalty Help?

Hypothesis: Catastrophic Fisher explosion (large FIM in the early phase) promotes memorization instead of learning patterns in the dataset.

#### SGD is biased towards learning simple patterns





Arpit et al. [2017]

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Label Noise	Setting	Baseline	Mixup	$\mathrm{GP}_{\mathrm{x}}$	FP	$\mathrm{GP}_{\mathrm{r}}$
25%	CIFAR-100 CIFAR-100	41.74% 53.30%	52.31% <b>61.61%</b>	45.94% 52.70%	<b>60.18%</b> 58.31%	58.46% 57.60%
50%	CIFAR-100 CIFAR-100	$30.05\%\ 43.35\%$	39.15% <b>51.71%</b>	34.26% 42.99%	<b>51.33%</b> 47.99%	50.33% 50.08%

#### Related Work and Outlook

Related findings can be found in two works:

• Concurrent work titled *Sharpness Aware Minimization* Foret et al. [2021], see also Smooth-Out, proposes an approximated penalty of the Hessian. Fisher Penalty is closely related. Our key contribution is proposing and corroborating a causal mechanism between changes in geometry and generalization. Our goal is not to propose an effective regularizer.

#### Related Work and Outlook

Related findings can be found in two works:

- Concurrent work titled *Sharpness Aware Minimization* Foret et al. [2021], see also Smooth-Out, proposes an approximated penalty of the Hessian. Fisher Penalty is closely related. Our key contribution is proposing and corroborating a causal mechanism between changes in geometry and generalization. Our goal is not to propose an effective regularizer.
- On the Origin of Implicit Regularization in Stochastic Gradient Descent Smith et al. [2021] is most closely related. While the final explicit regularizer is similar, the proposed causal explanation is different and focuses on the instability in the early phase. Our empirical evaluation suggests Fisher Penalty is more effective than gradient norm penalty proposed in the work. However, more work is necessary to discern which causal explanation is more relevant for the success of deep neural networks.



Cohen et al. [2021]

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Cohen et al. [2021]



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#### Summary

1. Key properties, such as conditioning, of the loss surface are regularized by SGD beyond the break-even point.



#### Summary

- 1. Key properties, such as conditioning, of the loss surface are regularized by SGD beyond the break-even point.
- 2. Instability of the early phase of training is key for the mechanism behind implicit regularization effects in SGD. We derive Fisher Penalty that simulates implicit regularization due to large  $\eta$  in SGD, and connect its effect to memorization.

Definition (Fisher Penalty)

$$\mathcal{L}(\mathbf{x}^{b}, y^{b}; \theta) + \alpha \|\nabla_{\theta} \mathcal{L}(\mathbf{x}^{b}, \hat{\boldsymbol{y}}^{b}; \theta)\|$$

#### Fun Facts

If these don't sound absurd, you have understood the talk. If not, it is most likely my fault, and please ask questions :)

- Using large learning rates effectively acts as preconditioning of the loss surface past a certain point on the trajectory (break-even point).
- Small batch-size both increases and decreases the variance of gradients.
- The ability to avoid memorization by SGD is strongly modulated by the learning rate (but is mainly due to the early phase of training effects).

## Thank you for your attention!





## Appendix: Optimization vs $\mathbf{K}$ : A (Poor) Theoretical Argument

## $\mathbf{H}(\theta^*) \approx \mathbf{F}(\theta^*) \approx \mathbf{K}(\theta^*), \text{if}$

- At the minimum  $(\theta^*)$ .
- The model is *well-specified*.
- The mean gradient is small compared to the variance of the gradient.

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